

Chemung County Health Department Coronavirus (COVID-19)

This is a new virus that causes respiratory illness in people and can spread from person to person. This virus was first identified during an investigation into an outbreak in Wuhan, China. The current risk of contracting the virus in the United States remains low.

Working Together

We are working closely with the New York State Department of Health, Centers for Disease Control and Prevention and local healthcare providers and facilities to follow this virus.

No Confirmed Cases

Currently, there are no confirmed cases in Chemung County. Confirmed cases will be promptly investigated. This is an emerging, rapidly evolving situation. To stay up-to-date on information, please go to the COVID-19 website.

Trusted Information

The uncertainty surrounding COVID-19 has led to misinformation and rumors on the internet and social media regarding the virus. It is critical that residents rely on the following trusted and reliable health sources of information regarding COVID-19.

- Chemung County Health Department
- New York State Department of Health
- NYSDOH COVID-19 Information Line: 1-888-364-3065
- Centers for Disease Control and Prevention
- World Health Organization

Please note that Influenza (Flu) is actively occurring in our area. It's not too late to get your flu vaccination from your health care provider or use this tool <u>Flu Vaccine Locator</u>.

What You Can Do

Residents should take the following steps every day to avoid spreading respiratory illnesses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

If you have other questions please call the Chemung County Health Department at 607-737-2899.